



WIFE BUILDERS RELATIONSHIP COACHING

YOU ARE BECOMING HER—BY GRACE,
THROUGH FAITH, ONE PRAYER AT A TIME.

Becoming Her: A 7-Day Starter Guide

Welcome, Beautiful Woman of God,

This 7-day journey is designed to gently guide you into healing, reflection, and preparation for the love and purpose God has for you. Each day includes a powerful scripture, a devotional word, an affirmation to declare, and a journal prompt to stir your soul. Let's begin becoming her—together.





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Day 1: Identity in Christ

📖 Scripture: 2 Corinthians 5:17 – 'Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come.'

✍️ Devotional:

You are not who your past says you are. You are not who your heartbreak tried to break you into. You are God's beloved daughter—reborn, renewed, and redeemed...

💬 **Affirmation:** I am a new creation, fully loved and chosen by God.

✍️ Journal Prompt:

Where have you allowed your past to define your present? What would it look like to fully walk in your new identity?





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Day 2: Wholeness Begins Within

📖 Scripture: Psalm 147:3 – 'He heals the brokenhearted and binds up their wounds.'

✍️ Devotional:

Healing is sacred work. It requires honesty, courage, and grace. As you heal, remember God isn't just fixing you—He's making you whole...

💬 Affirmation: I am healing with grace and becoming whole in God.

✍️ Journal Prompt:

What parts of your heart still need healing? How can you invite God into that space today?





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Day 3: Embracing Godly Femininity

📖 Scripture: Proverbs 31:25 – 'She is clothed with strength and dignity; she can laugh at the days to come.'

✍️ Devotional:

Godly femininity is not weakness—it's power under control. It's grace wrapped in strength, dignity covered in honor...

💬 Affirmation: My femininity is divine, and it is my strength.

✍️ Journal Prompt:

How have you suppressed your femininity? What does embracing it look like in this season?





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Day 4: Submission is Protection

📖 Scripture: Ephesians 5:22 – 'Wives, submit yourselves to your own husbands as you do to the Lord.'

📖 Devotional:

Submission isn't oppression—it's alignment. When done God's way, it places us under His divine protection and peace...

💬 **Affirmation:** I trust God's order and find safety in His design.

🖋️ Journal Prompt:

What does biblical submission mean to you? Are there areas where you resist divine order?





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Day 5: Healing the Heart to Love Again

📖 Scripture: Ezekiel 36:26 – 'I will give you a new heart and put a new spirit in you...'

📝 Devotional:

Your heart may be broken, but it is not beyond repair. God specializes in heart transplants. Let Him give you a new one...

💬 **Affirmation:** My heart is healing and open to love again—God's way.

🖋️ Journal Prompt:

What fears do you still hold about love? How can you surrender those to God today?





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Day 6: Trusting God's Timing

📖 Scripture: Ecclesiastes 3:11 – 'He has made everything beautiful in its time...'

📝 Devotional:

You are not late. You are not forgotten. You are right on time in God's eyes. The wait is preparation, not punishment...

💬 **Affirmation:** God's timing is perfect. I will wait with hope.

🖋️ Journal Prompt:

How can you shift from frustration to faith while waiting on your promise?





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Day 7: Becoming Her—With God

📖 Scripture: Philippians 1:6 – '...He who began a good work in you will carry it on to completion...'

✍️ Devotional:

Becoming her is not a destination—it's a daily decision. God is committed to your process even when you're not...

💬 **Affirmation:** I am becoming the woman God created—one day, one step, one prayer at a time.

✍️ Journal Prompt:

Who is 'Her' to you? Describe the woman you are becoming.





🙏 Closing Prayer: Becoming Her
Father God,

I thank You for the daughter reading this. I thank You for her heart that longs to become more, to heal deeply, and to walk boldly in the purpose You've placed inside of her. She is not just becoming her—she is becoming Yours.

Cover her journey with Your mercy and light. May every step forward be ordered by Your hand and every backward glance be met with Your gentle reassurance that she is no longer who she used to be. Remind her that healing isn't linear—but it is holy.

Becoming isn't easy—but it is divine.

Let this be the season where she unpacks her pain, reclaims her worth, and begins to see herself the way Heaven sees her: whole, worthy, chosen, and beautifully becoming.

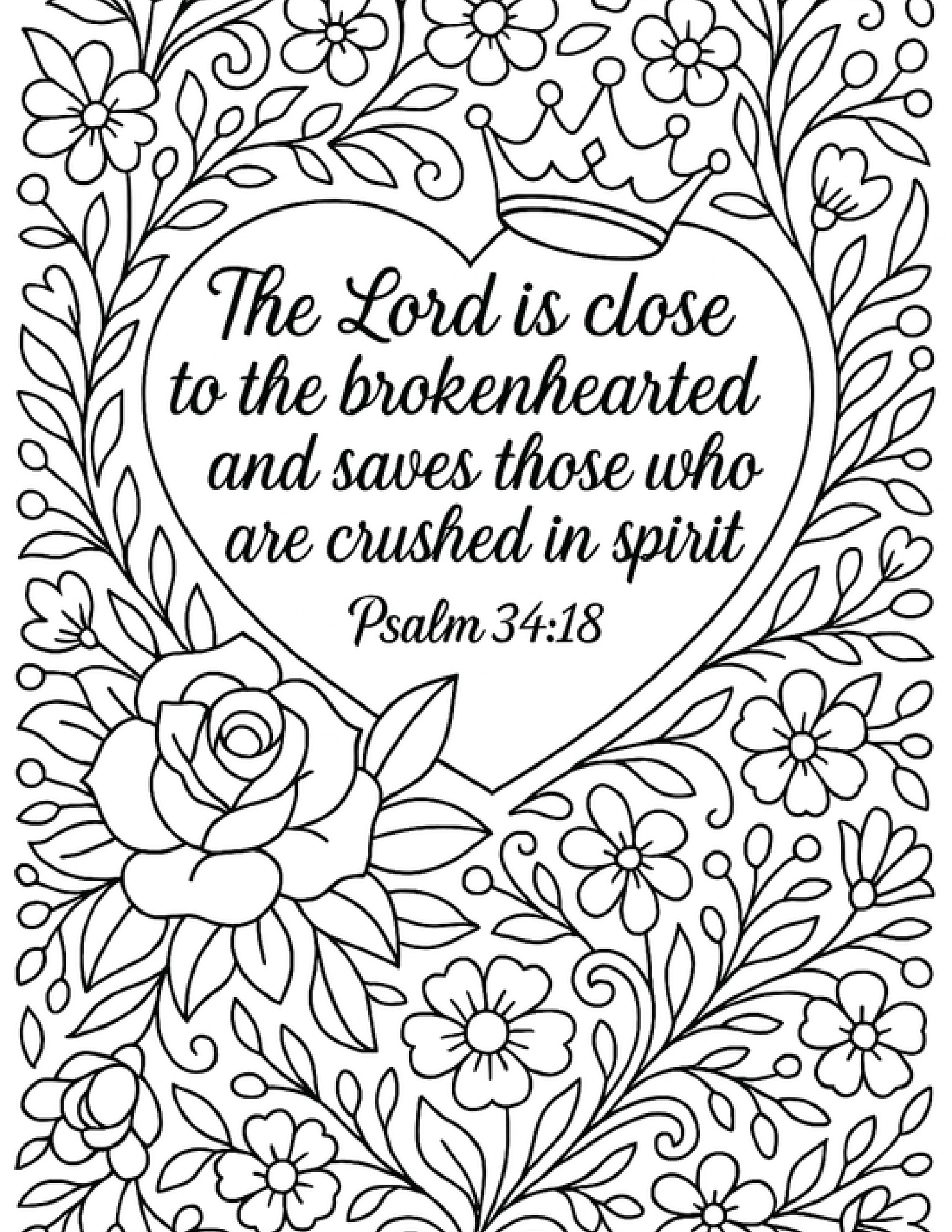
Protect her mind, purify her heart, and align her life with Your will. Fill her with joy that runs deeper than circumstances and peace that surpasses all understanding.

Let her walk out of this guide not just encouraged, but transformed.

And when doubt creeps in, when fear knocks loud, remind her that grace is her portion, faith is her weapon, and You—Abba—are her firm foundation.

In Jesus' name,
Amen.





*The Lord is close
to the brokenhearted
and saves those who
are crushed in spirit*

Psalm 34:18